



The Official eNewsletter of the [Mountain District Dog Club](#).

JULY NEWSLETTER

Hello and Woof to all our readers.

No one, human or dog, likes getting out of a warm bed and heading out into the cold wintery wind and rain, but we appreciate those who have braved the elements and continue to walk your dogs.

Our AGM was held on Friday June 5th. There will be a list of the Office Bearers and Committee later in this edition, feel free to speak with any of them if you have any concerns or suggestions.



SAVE THE DATE...

FIRST DAY BACK

Sunday September 6th 9.00am-12pm

With the second wave we are now aiming to return to training in September.

We will update you if this changes.

STAYING AT HOME KEEPS US TOGETHER



AGM

Annual General Meeting

Annual General Meeting Minutes

Meeting Opened : 7:40 pm

Present: Maryanne Wilson, Andrew Wilson, Jason Dempsey, Caroline Cordell, Julia Webb, Catherine Birch

Apologies: Katrina Dempsey, Danae Saxby, Claire Bignell

Minutes of Previous AGM: Read by Maryanne

Moved: Caroline Cordell Seconded: Julia Webb

Business Arising:

No matters arising from previous AGM

President Report:

Firstly, I would like to start by thanking everyone for coming to our AGM.

I must thank the current committee members for their efforts over the last 12 months, the work you do helps in building MDDC to be a fantastic club to be a part of.

It's been a busy year on and off the grounds, with Julia, Jason and myself completing the St Johns first aid course and our instructors sitting the VCA instructors exam. We have 3 trainee instructors currently working on completing their practical assessment's once training resumes.

The Christmas party was another celebration enjoyed by all members.

Unfortunately, our trivia was postponed due to the Covid restriction's but as we see restriction lifted and things returning to a new normal we look forward to planning more activities for our members.

With this, said lets raise our glasses for the contributions and achievements of 2019!

Maryanne

Moved: Jason Dempsey Seconded: Catherine Birch

Vice President:

I would like to thank everyone for their efforts the past 12 months. Without the work of our committee the club would not be here. Thank you to everyone who helped out running and organising our events throughout the year from cooking the BBQ, setting up, and packing away, even the smallest contribution makes the tasks so much easier. Many hands make light work. Congratulations the Maryanne and Julia on passing their VCA exams, great work.

Jason

Moved: Caroline Cordell Seconded: Julia Webb

Secretary Report:

Well what a year it has been.

Thank you to everyone committee and members for a fantastic year. Dress-up day and the end of year Xmas party Fun was had by all.

Don't forget if it wasn't for your committee working hard behind the scenes the club wouldn't be able to have all the functions. Thank you to the members for rocking up and enjoying the days. As we all know that at the start of the year, we were looking fantastic. New members signing up and old members returning. Trainers doing course. Then Covid19 hit.

Functions were cancelled and club was put on hold. It has been hard not to see all the members and their furbaby's but life goes on. Thank you Danae on social media and Maryanne on the I spy challenge both have done a fantastic job.

As we slowly come out of lock down your club will return and you will see some old faces starting their training as instructors. We hope they don well and enjoy it.

In closing I would like to thank everyone for your help and continuing to keep this family friendly club alive.

Caroline

Moved: Maryanne Wilson Seconded: Jason Dempsey

Treasurers Report:

I would like to start by thanking everyone for coming tonight. Also to thank the committee for their hard work this year.

Your help has been fantastic.

The current balance at Bank is \$9,833.63

Moved: Andrew Wilson Seconded: Julia Webb Carried by All

Committee Reports

Grounds:

The grounds have been a lot better this year. The grass has been regularly mowed and with the new bollards installed, hopefully there will be less holes to look out for. The addition of the tunnel to the agility equipment has been great with lots of excitement from dogs and handlers making it through.

With the interruption to the start of the training this year I'm looking forward to making the rest of 2020 fun and exciting for members, committee and our dogs.

Social:

We continue to get new followers on facebook. We are currently sitting on 197.

Continually posting photos of classes and members as well as posting reminders of up coming events on facebook and instagram.

It has been hard to remember to post whilst we have been out of action in lockdown. Trying to keep members interacting by playing games such as 'i spy' and asking to see what they have been up to.

Things will definitely ramp up once we are active and seeing members again.

There have been a couple of enquiries from new members even though we are in lockdown, which has been positive.

Danae

Moved: Andrew Wilson Seconded: Julia Webb

The President declared all positions vacant.

Election of Office Bearers

Andrew would like to nominate Maryanne for President seconded by Julia accepted by Maryanne

Jason would like to self-nominate for Vice President seconded by Katrina accepted by Jason

Caroline would like to self-nominate for Secretary seconded by Maryanne accepted by Caroline

Maryanne would like to nominate Andrew for Treasurer seconded by Caroline accepted by

Andrew

The Assistant secretary position will currently remain vacant

Maryanne - 3100038304

Jason - 3100056128

Caroline – 3100056042

Andrew – 3100038304

Julia – 3100056342

Election of Committee Members:

Julia Webb, Danae Saxby and Catherine Birch

General Business:

NIL

Meeting Closed: 8:05pm



Stop Your Dog Begging

Some dogs are food obsessed. No matter how well fed they are, they're never far from the family dinner table at mealtimes, hoping for scraps or leftovers. But that whining, pawing and pacing can get annoying, so use our tips to reduce mealtime begging.

Tough Love

There's only one reason your dog begs every mealtime – because it's worked in the past! By slipping your pooch scraps from the table, you've taught him or her that puppy dog eyes, pawing and barking are a great way to get what they want. The most effective way to stop begging is to go cold turkey. Ignore the behaviours completely. Don't reward with attention and make sure the whole family are being consistent, no sneaking scraps under the table or Fido will never learn! There's no overnight fix but over time your pooch should learn that begging brings no rewards and the behaviour should reduce and stop.

No pity party

Your dog does not need scraps. They are not starving. You should know, you feed them! Those puppy dog "I'm-starving-please-take-pity-on-me" eyes can be almost impossible to resist but stay strong! Dogs don't need their food supplemented by human foods and in fact, many of the things we eat can be harmful to our pooches. Best way to avoid that is to stop feeding scraps all together!

The power of distraction

Giving your doggo somewhere else to direct his attention during mealtimes can help to reduce the unwanted begging behaviour. Set up a puzzle or game to keep your pooch busy and enjoy a whine-free meal! We've suggested some great puzzle games available in shops or DIY versions you can make with bits and bobs lying around the house. Whatever your preference, give your dog some mental stimulation to keep him or her busy and away from the table at dinner time!

Check out [Mad Paws](#) to view this article and other training tips.



How often should I feed my dog?

In a world where Human nutrition is becoming more and more popular, here are some guidelines to help you ensure your fur friend maintains optimal weight and nutrition.

Puppies require small meals throughout the day and generally should be started on four meals a day at the age of 3 months, then 3 meals a day at 6 months. It is important that the puppy is fed a diet designed for its age and breed size.

For dogs of 12 months or older, traditionally it has been recommended that they should be fed just once a day, with small breeds being fed twice a day because they only eat a small amount at each mealtime.

Feeding Tips:

It is better to stick to one variety of good quality “complete and balanced” dog food and not add any supplements (unless instructed by your vet), as over supplementing can be harmful to your dog.

- If your dog does not eat all of its meal in one go, you may be offering it too much, Not all dogs eat the amount recommended by the food manufacturers.

- The right amount should produce firm, dark brown, crinkly stools. If the stools are firm, but get softer towards the end, this is a classic sign of overfeeding.

- Never change your dog's diet abruptly (unless under the direction of your vet). If you want to change its diet, do it gradually over a period of a few days to a week.

- Medium to large breeds of dogs should be fed from a raised bowl to prevent them from swallowing air while they eat, which can also contribute to bloat. You can buy bowl stands for this purpose. For owners of breeds who are thought to be susceptible to this condition, you should seek advice from your breeder, vet and/or breed club on further precautionary measures.

- Leave your dog in peace while it is eating from its bowl. Taking the bowl away while it is eating causes anxiety, which can lead to aggressive behaviour. If you want to be sure that your dog is comfortable with you approaching it during mealtimes, add a little food to the bowl while it is eating, so it sees you as an asset, rather than a threat.

- Never feed your dog from the table or your plate, as this encourages drooling and attention seeking behaviours such as begging and barking.

- Make sure that water is always available to your dog, so never take its water bowl away.

And most importantly...

What foods should I avoid feeding my dog?

- Chocolate contains theobromine which can cause increased heart rate, restlessness and vomiting. In large doses it may be fatal.

- Grapes and raisins are toxic to dogs and can cause renal failure.

- Onions may cause anaemia

- Garlic is also part of the onion family. In large doses it may cause dermatitis and asthma. Some

owners, however, use garlic tablets as a natural flea repellent. Always follow dosage instructions carefully.

- Lactose, which is found in milk and dairy products, cannot be digested by dogs.

- Fruit can be high in sugar and can also be acidic. This will upset your dog's digestion and is best avoided.

- Feeding potatoes are not recommended due to their high starch content, which is not easily digested by dogs and may cause problems.

- Many common household and garden plants and flowers such as the Daffodil can also be toxic to dogs, causing anything from skin irritations to severe poisoning and death.



Dog Treats Cooking

Microwave Doggie Doughnuts

2 cups - Whole wheat flour

3 tb - Oatmeal

1 Egg; lightly beaten

1 ts - Garlic powder

2/3 cups - Beef or chicken stock

Place flour in a bowl, add egg and stock, mix well.

Blend in oatmeal and garlic powder.

Roll dough into a ball, roll out on a lightly floured surface to 1 cm thick.

Cut with small doughnut cutters. Re-roll scraps and repeat.

Arrange on a shallow baking dish or on a sheet or parchment paper in a single layer.

Cook on HIGH 10 minutes or until firm.

Let cool until hardened. Store in covered container in refrigerator.



Dog Shop

Not sure if you are all aware we run a little dog shop up at the "office" our prices are more than competitive, most retail outlets charge a average of 300% mark up, we charge a 50% in most cases. Having said that the treats and pigs ears aren't even marked up 5%.

So next time you need something support your Club. We can order in wholesale most items you might need, from wormers to flee control to favourite treats and Much Much More.

If you would like any items during this current time or have a question on what you can order, please send us a email to have this organised for you at mountaindistrictdogs@gmail.com



Dog Breed Word Search

AIREDALE
AKITA
BASSET HOUND
BEAGLE
BOXER
BULLDOG
CHIHUAHUA
CHOW CHOW
COLLIE
DACHSHUND
DALMATIAN
GERMAN SHEPHERD
GREAT DANE
LHASA APSO
MALAMUTE
MALTESE
MASTIFF
PEKINGESE
POMERANIAN
POODLE
PUG

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ROTTWEILER
SAINT BERNARD
SAMOYED
SCHIPPERKE
SHAR-PEI
SHIH-TZU
WEIMARANER



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YOUNG DIGGERS

Mountain District Dog Club is proud to support [Young Diggers Dog Squad](#).

The Young Diggers Dog Squad trains dogs to become Companion and Assistance Dogs to support our serving and ex-serving Australian Defence Force members who are dealing with Post-Traumatic Stress Disorders (PTSD).





Kind regards,
Your Team at MDDC



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